

360Mind

E-Magazine

9TH EDITION

JUNE 2024



BRAIN RHYME
Coaching | Championship | Innovation | World Records

BRAIN RHYME PRESENTS



National or International Level

15 Discipline's

72 Hrs Training

8 Hrs Neuro Championship

About Promoter & Organiser



Dr. Sushant P. Mysorekar

Founder : Brain Rhyme, India | Singapore
Internationally Certified Intelligence Coach
Global World Record Ambassador
Former VP- Indian Memory Sports Council
Chairman- International Association of Sports, Dubai.
Director – ACF E-University (Arts & Music)

Brain Book of World Records

NewsBox

Explore



**“The human brain is an incredible
pattern-matching machine.”**

- Jeff Bezos

INDEX

TOPIC

- 04 Editors Note
- 06 Cognitive Intelligence
- 09 Creative Artwork
- 10 The Art of Living - Meditation
- 14 Exploring the Enchanting Vibes of Bali
- 18 Yoga & Meditation
- 21 Men's Mental Health Awareness
- 23 Neuroscience
- 25 Painting Emotions
- 28 NewsBox (New Launch)

ARTICLE BY

- Col.Sushobit Kamra, Veteran
- Vemula Ravi Kanth
- Nicole Dsouza
- Samir Jadhav
- Terima Kasih
- Snigdha Saikia
- Milind Kher
- Hetvi Joshi
- Niveditha Rao

Published by : Brain Rhyme
Project Head : Dr. Sushant Mysorekar
Chief Editor : Colonel Sushobit Kamra ,Veteran
Sub Editor : Mrs. Madhu Jhawar
Design By : Ganesh D.
Research Team : Hetvi Joshi
Marketed By : Mr. Jayant VKamat
Legal Head : Adv.Sudarshana V. Jagdale
Published by : Self Publication
Total Page : 50
Email : info@brainrhyme.com

Image Source : www.freepik.com

Reach Us

India : +91 98334 01292
HongKong : +852 5441 7070
US : +1 (973) 809-3548
Dubai : +971 588212164
Malaysia : +60 12-354 2236
Sri Lanka : +94 77779 0008
Oman : +968 7914911

36Mind
E-Magazine

**For Advertising Space
Call +91 87675 19752**

EDITORS *Note*

Greetings of the day!!!

My Dear Readers,

Welcome to our next issue of where we speak, portray the journey covered and also the new meadows explored. In this and here I am feeling enriched with the contributions received and the knowledge showered upon us. It is always a question in my mind; what makes these authors pen and pour out their thoughts and feelings.

This platform is not just for reading, it is for learning and developing a skill. At times that skill may just of comprehending alone.

Before we dig into this months' edition, I render my deep gratitude to the authors who took out time from their busy schedules to write for us.

I thank for their contributions. Besides the contribution of Ads from and the team of UnisetGo-Your Travel Expert are here to add value / information for you

It would not have been possible without your support that I would have gathered this momentum to keep going. As Editor-in-Chief, my mission is to ensure that this magazine serves as a beacon of guidance, support, and inspiration to all from all fields. Our goal is to illuminate this path, offering insights and resources that empower you to thrive .

Mental health and well-being are paramount, and in this issue, we address the psychological aspects of achieving higher Productivity. The article by Dr Sushant Mysorekar shows light for all

As we continue to evolve, we encourage you to share your feedback, stories, and suggestions. Your experiences enrich our community and help us better serve you.

Thank you for your dedication, your service, and your resilience. Together, we will navigate the challenges and embrace the opportunities that lie ahead.

You may reach out to me on our email with your suggestions, views, ideas, articles, anecdotes, advertisements for your growth!!

Looking forward

Colonel Sushobit Kamra (Veteran)
Editor in Chief

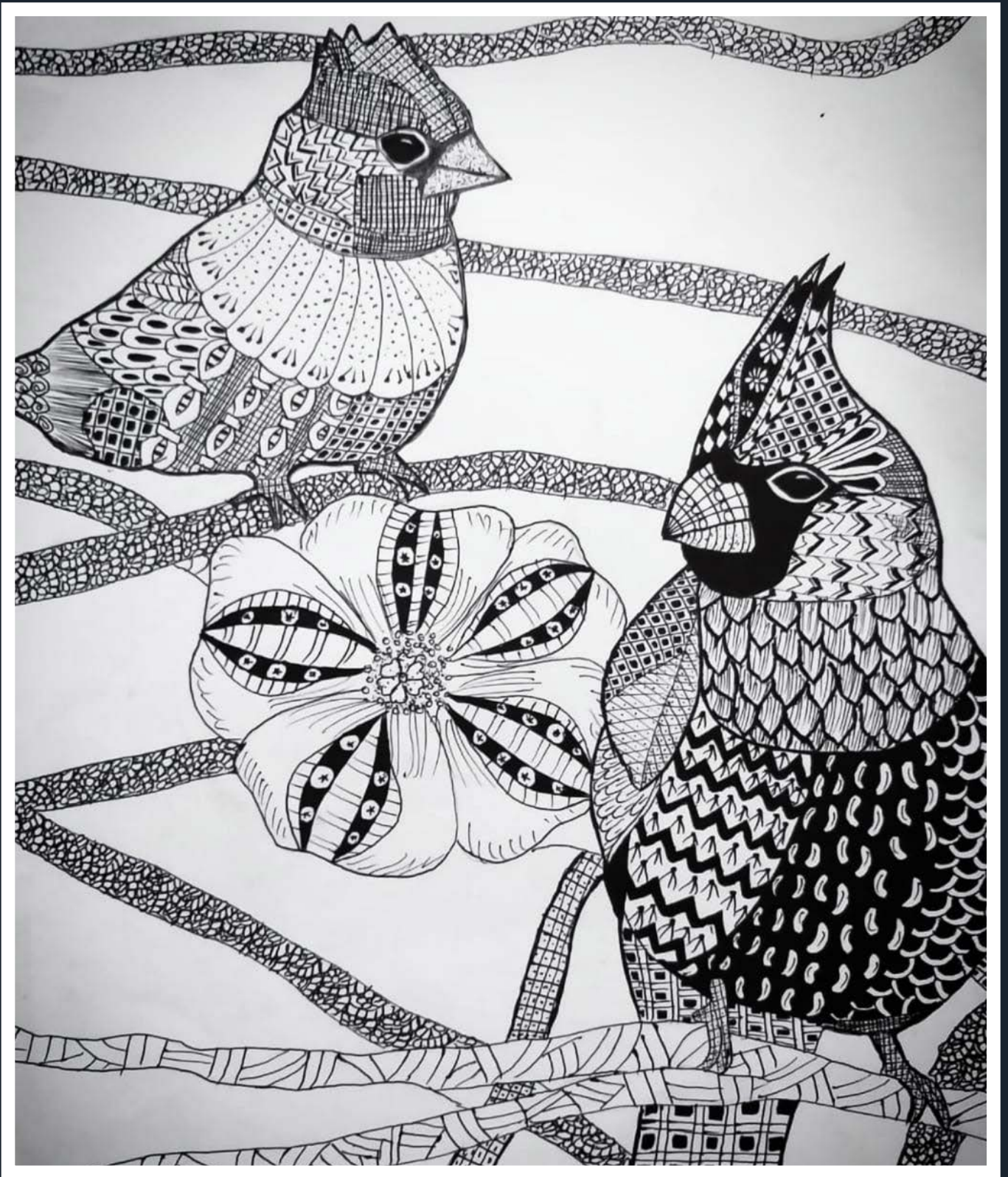


- B.Tech. (Mechanical)-Gold Medal,
- M.Tech. IIT Bombay (IE& OR)
- MBA (General Management)
- PGDM (HR)
- M.Sc.

EXPERIENCE

3+ Decades (Areas of work)

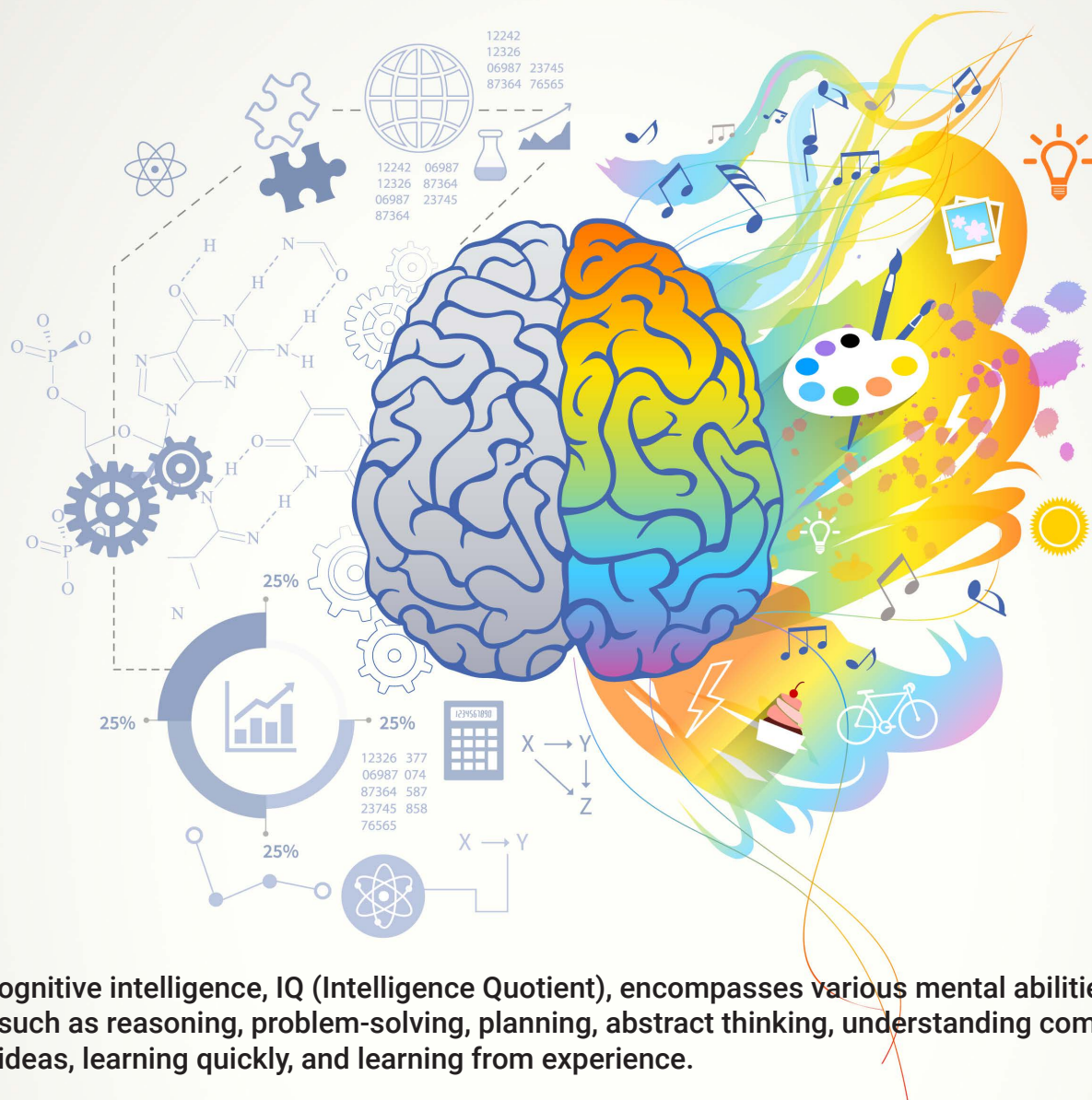
- Leadership Skills
- Business Management
- Problem Solving
- Stress Management
- Time Management
- Fight your Procrastination



MANDALA ART BY
- HETVI JOSHI



Cognitive Intelligence



Cognitive intelligence, IQ (Intelligence Quotient), encompasses various mental abilities such as reasoning, problem-solving, planning, abstract thinking, understanding complex ideas, learning quickly, and learning from experience.

Key Components:

Memory: This includes both short-term (working memory) and long-term memory, and involves the capacity to store and recall information when needed.

Attention and Concentration: The ability to focus on specific tasks and maintain attention over time is critical for cognitive functioning.

Perception: The process of recognizing and interpreting sensory stimuli, which is fundamental to processing and responding to the environment.

Reasoning and Problem-Solving These skills involve logical thinking, pattern recognition, and the ability to solve new and complex problems.

Language Skills: The ability to understand, process, and produce language is a key aspect of cognitive intelligence, essential for communication and comprehension.

Executive Functions: These higher-order processes include planning, decision-making, self-control, and goal-directed behavior.

Cognitive Intelligence Assessments:

Cognitive intelligence is typically assessed through standardized tests designed to measure various cognitive abilities.

IQ Tests: Such as the Wechsler Adult Intelligence Scale (WAIS) and the Stanford-Binet Intelligence Scales.

Aptitude Tests: Used in educational and occupational settings to assess specific cognitive abilities related to performance.

Cognitive Intelligence vs. Emotional Intelligence:

While cognitive intelligence focuses on intellectual abilities, emotional intelligence (EI) pertains to the capacity to recognize, understand, and manage one's own emotions as well as the emotions of others.

Enhancing Cognitive Intelligence:

Cognitive abilities can be improved through various activities and interventions, including:

Lifelong Learning

Engaging in continuous education and intellectual challenges.

Mental Exercises

Puzzles, games, and activities that stimulate cognitive functions.

Healthy Lifestyle

Regular physical exercise, a balanced diet, and adequate sleep contribute to optimal brain function.

Mindfulness and Meditation

Practices that enhance focus, attention, and mental clarity.

Practical Applications

Cognitive intelligence plays a crucial role in various aspects of life, including academic achievement, professional success, and everyday decision-making. Understanding and improving cognitive intelligence can lead to better problem-solving skills, more effective learning strategies, and overall enhanced cognitive functioning.

In summary, cognitive intelligence is a multi-faceted construct that encompasses a range of mental abilities crucial for understanding and interacting with the world. Through assessment and targeted improvement strategies, individuals can enhance their cognitive capabilities and achieve greater success in various domains of life.



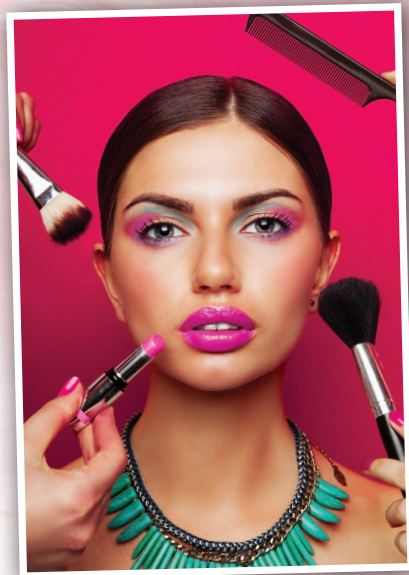
ARTICLE BY
VEMULA RAVI KANTH

MadhurBhagya Beauty Parlour

Certificate Course

**Self-grooming
Beauty Tips**

**Bridal Makeup
Siders Makeup
Saree Wrapping**



**Become a
Professional
Makeup Artist**

- Duration : 1 month Course
- Days : Batch 1 M/W/F
- Timings : 2pm to 5pm
- Contact : +919769255904
- Location : Dadar (W)
- Certificate:  Skill India
कोशल भारत-कुशल भारत

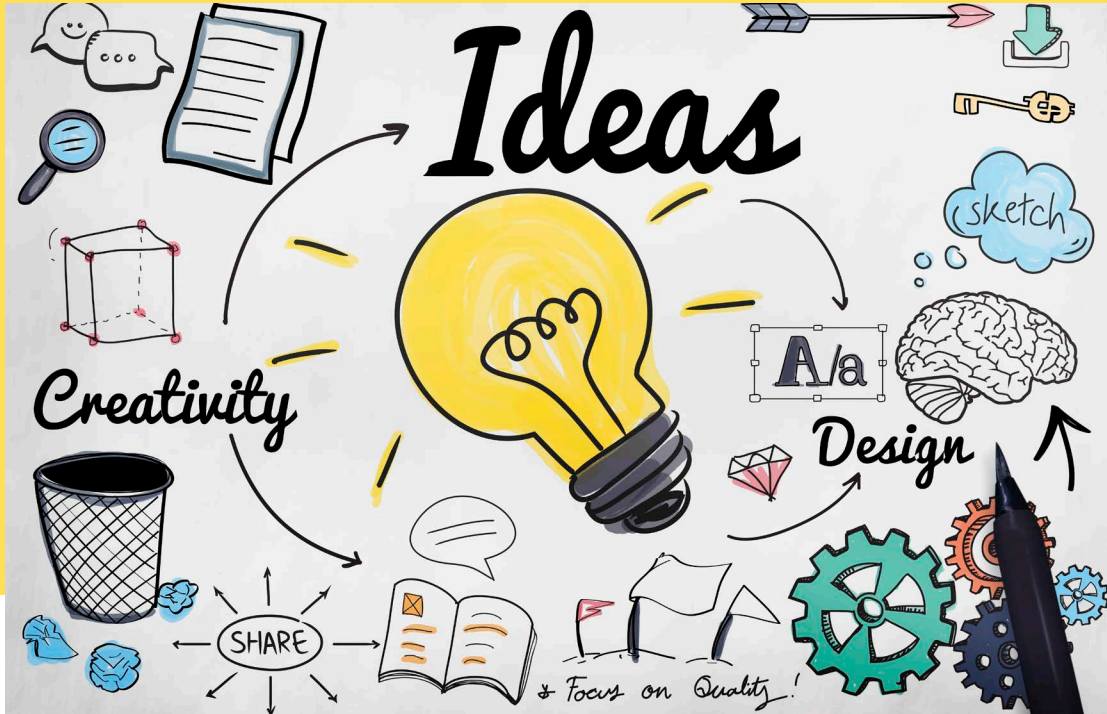
Fees
Rs.6999/-
Only

Contact : 9769255904 / 8355987150

*FACE & BODY CARE PRODUCTS AVAILABLE

CREATIVE ARTWORK

An enchantment of beauty, treasure of knowledge and an entity of solace



Creative artwork, a magnificent form of self-expression transcending boundaries, cultures, mediums and much more yet to be discovered. It is often inclined not just to create but to give a sense of freedom to the creator to express their emotions, innumerable ideas, and convey messages in unique and thought-provoking ways.

With its vastness ranging from different forms of performing arts to music, to painting, to poetry it not only contributes with its beauty to the place and the eyes of the people but also renders an inner sense of charm, contentment, and peace to the creator as well as the receiver.

Art is something that not only brings out creativity in the human minds and beauty in the universe but something that can bring out different perspectives, unites people, and brings about love, harmony, togetherness, and solace.

Apart from its captivating beauty and features, art also provides numerous benefits to all age groups such as building fine motor skills and neural connections, enhancing creativity and vivid imaginations to majorly think out of the box and innovate each time they create, improving

communication, boosts self-esteem and builds connection and community.

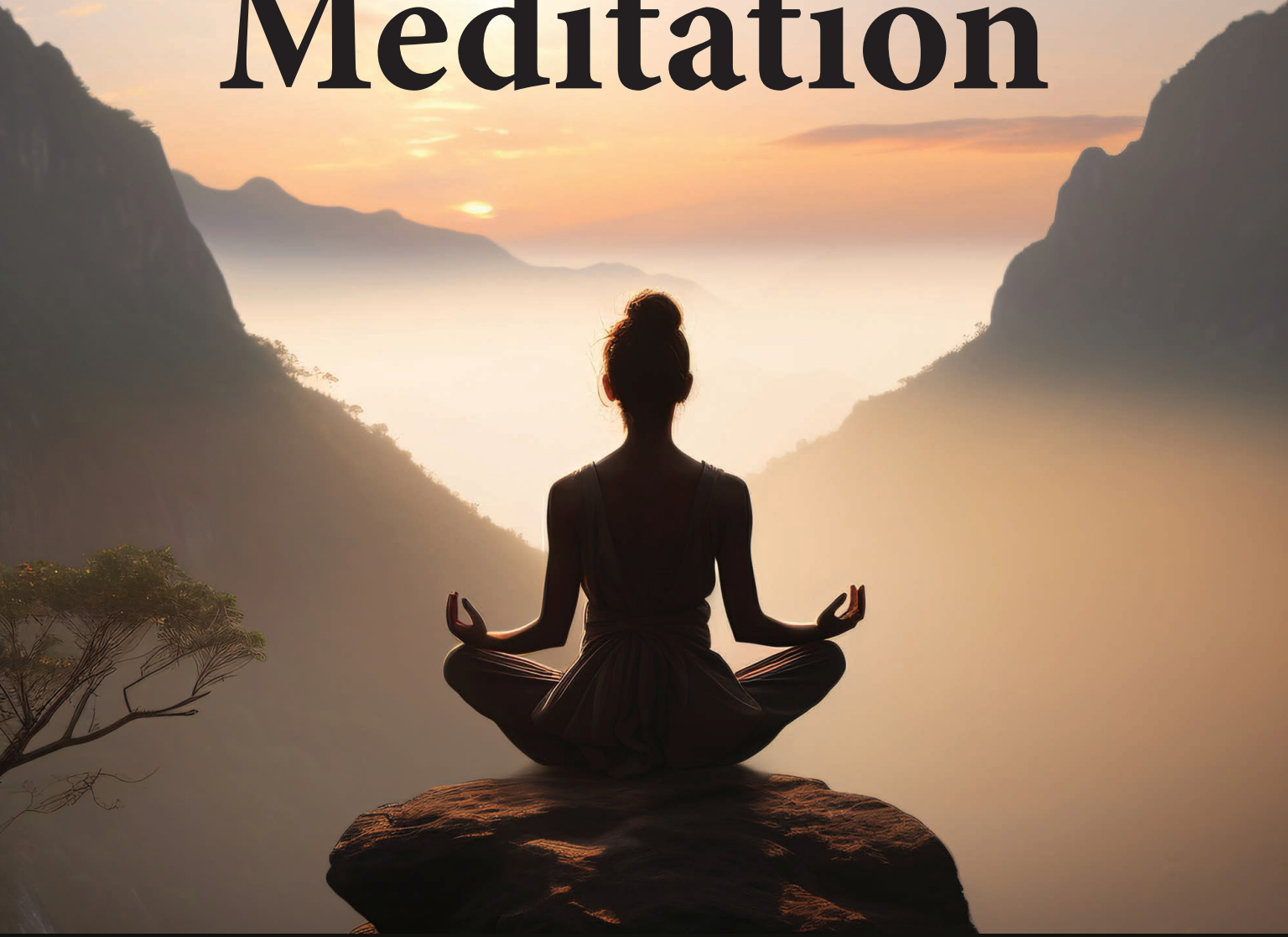
Art is also known as a factor contributing the most towards satisfaction and happiness of one's being as it helps produce the neurotransmitter dopamine which stimulates the creation of new neurons and also boosts your focus and learning process.

Additionally, studies have also shown that engaging with art stimulates areas of the brain leading to heightened levels of creativity, introspection, and introspective thinking. In conclusion, creative artwork provides so much more than just attractive features and knowledge hence, keep creating and feeling content.



ARTICLE BY
NICOLE DSOUZA

THE ART OF LIVING - **Meditation**



“ Samathavipassanānam
bhāvanānam ito param
Kammatthaam pavakkhāmi
duvidham pi yathākāmam ”

From here on, I will explain in order, the two types of meditation subject for the respective development of calm and insight.

Two types of meditation subject - The Pali term Kammahāna means literally “field of action” or “workplace”. The term is used to designate a subject of meditation, the work place for the meditator to develop the special attainments in the field of contemplation.

In Buddhism two approaches to meditative development are recognised - Calm and Insight. Of the two, the development of insight is the distinctively Buddhist form of meditation.

This system is unique to the Buddha’s Teachings and is intended to generate direct personal realization of the Truths discovered and enunciated by the Buddha. The development of calm is also found in non - Buddhist schools of meditation. However, in the Buddha’s Teaching calming meditation is taught because the serenity and concentration which it engenders provide a firm foundation for the practice of insight meditation. Each of the two types of meditation has its own methodology and range of meditation subjects.

Calm and insight:

The word Samatha, rendered “calm”, denotes quietude of mind. The word is almost synonymous with concentration “samādhi”, though it derives from a different root, sam, meaning to become peaceful. Technically, samatha is defined as the one- pointedness of mind (Cittasya Ekagrata) in the eight meditative attainments - the four fine-material-sphere jhānas of the Suttanta system (4 in the Abhidhamma system) and the 4 immaterial sphere jhānas.

These attainments are called calm because, owing to one - pointedness of mind, the wavering or trepidation of the mind is subdued and brought to an end.

The word Vipassanā, rendered “insight”, is explained as seeing in diverse ways (Vividhakarato Dassana). Insight is the direct meditative perception of phenomena in terms of the three characteristics - impermanence, suffering and non-self. It is the function of the Cetasika of wisdom (paññā) directed towards uncovering the true nature of things.



The author is a meditator for several years

SAMIR JADHAV

Email Samirsjadhav30@gmail.com

Mobile +91 93240 52219



Mr. Preet Purani

*is an exceptional student. He recently scored 8.79 CGPA in his Graduation. He came first in his Economics department and won a Gold medal. Preet's dedication and hard work have distinguished him as a leading academic figure in his field. Preet's journey to this significant achievement is marked by a relentless pursuit of excellence. From the onset of his academic career, he demonstrated an unwavering commitment to his studies, consistently striving to grasp the intricacies of his subjects. **His impressive CGPA of 8.79 is a testament to his intellectual rigor and diligent efforts.***

Beyond academics, Preet has been actively involved in a range of extracurricular activities that have enriched his educational experience. His participation in seminars, workshops, and competitions has not only broadened his knowledge but also honed his critical thinking and problem-solving skills. These activities have played a crucial role in shaping him into a well-rounded individual with a keen understanding of his field.

Preet attributes his success to the guidance and support of his professors, who have been instrumental in nurturing his academic growth. Their mentorship has provided him with invaluable insights and encouragement, enabling him to excel. Additionally, the unwavering support of his family has been a cornerstone of his success, motivating him to overcome challenges and maintain his focus on his goals.

*Receiving the **Gold Medal is a significant milestone** for Preet, but it is also a stepping stone towards his future aspirations. This achievement not only highlights his academic prowess but also inspires him to continue his journey of learning and contribute meaningfully to his field. With his dedication, passion, and hard work, Preet is poised for continued success and excellence.*



Modern Art by Shashwat Menon

Exploring the Enchanting Vibes of **BALI** A Traveller's Paradise



*W*elcome to the Island of the Gods, where the lush green landscapes meet pristine beaches and vibrant culture. Bali, often dubbed as the ultimate tropical paradise, is a haven for adventure seekers, beach lovers, and culture enthusiasts alike. Join me on a journey as we unravel the beauty and charm of this Indonesian gem.

Ubud: Where Serenity Meets Culture Our first stop is Ubud, the cultural heart of Bali. Surrounded by lush rice paddies and dense forests, Ubud is a sanctuary for those seeking peace and tranquility. Take a stroll through the famous Ubud Monkey Forest, where mischievous macaques roam freely amidst ancient temples. Don't forget to visit the Tegalalang Rice Terraces, a breathtaking sight that has graced many Instagram feeds. For art lovers, a visit to the Ubud Art Market is a must, where you can haggle for unique souvenirs and handicrafts.

Seminyak: Beach Bliss and Trendy Cafes

Next, we head to Seminyak, Bali's vibrant beach town known for its trendy cafes, chic boutiques, and buzzing nightlife. Spend your days lounging on the golden sands of Seminyak Beach, sipping on refreshing cocktails as you soak in the tropical sun. Explore the hipster enclave of Petitenget, home to stylish beach clubs like Potato Head and Ku De Ta, where you can dance the night away under the stars. And for the foodies out there, Seminyak offers a culinary delight with its array of international dining options, from gourmet burgers to traditional Balinese fare.

Canggu: Surfer's Paradise



For the adrenaline junkies, Canggu is the place to be. This laid-back coastal village is a haven for surfers, with its world-class waves and bohemian vibe. Whether you're a seasoned pro or a beginner, Canggu offers waves suitable for all levels. After a day of surfing, unwind at one of the many beach bars lining Echo Beach, where you can enjoy a cold Bintang beer while watching the sunset over the Indian Ocean. And if surfing isn't your thing, explore the quirky cafes and street art that give Canggu its unique charm.

Nusa Penida: Untouched Beauty



No trip to Bali would be complete without a visit to Nusa Penida, the island's hidden gem. Just a short boat ride from the mainland, Nusa Penida boasts pristine beaches, rugged cliffs, and crystal-clear waters teeming with marine life. Marvel at the natural wonders of Kelingking Beach, where a T-Rex-shaped cliff overlooks turquoise waters, or take a dip in the refreshing waters of Angel's Billabong, a natural infinity pool carved into the rocks. With its untouched beauty and serene atmosphere, Nusa Penida is a must-visit for nature lovers.

Conclusion:

Bali is a destination that captivates the soul and ignites the senses. From its lush landscapes to its rich cultural heritage, there's something truly magical about this island paradise. Whether you're seeking adventure, relaxation, or simply a change of scenery, Bali offers an unforgettable experience that will leave you longing to return. So pack your bags, embrace the spirit of wanderlust, and let Bali cast its spell on you.

Terima kasih

Bali, for an unforgettable journey!
Your suggestions are welcome.

**To explore Bali with UniSetGO
Call #9499162350**

Handwriting analysis



Your Handwriting tells you more about yourself. Unlock your thoughts with the help of Handwriting analysis

**45 minutes
session**

Take away

1. Analysis
2. Remedial points
3. Follow up round

Benefits

1. Improve your weakness
2. Understand yourself and others better
3. Builds Confidence and many more

Rs 999/-

**For more details contact on 8767519752
(Hetvi Joshi)**



NEURO- CHAMPIONSHIP

Ver. 2.0

First Time in Nigeria!!

Events

- ✓ **Speed Reading**
- ✓ **Creativity**
- ✓ **Thinking Skills**
- ✓ **Analytical Reasoning**
- ✓ **Memory**

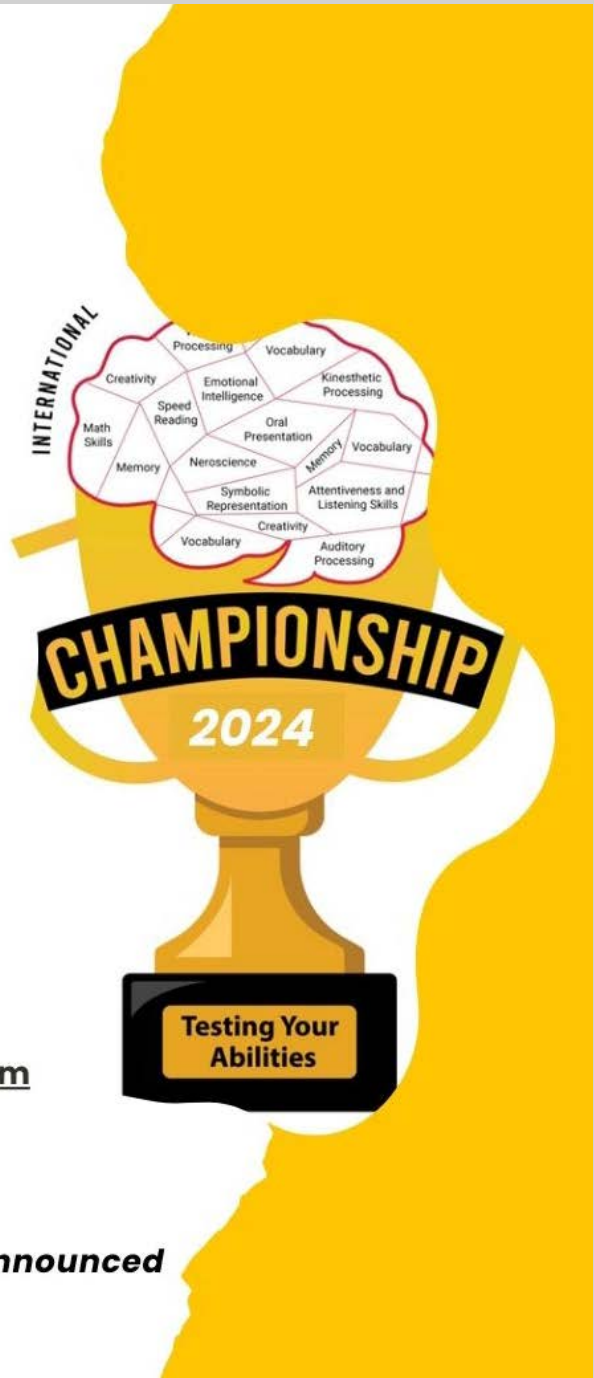
Learn More

www.brainrhyme.com

IND: +91 98334 01292

NIG: +234 80 6454 9853

September 2024 **Location To Be Announced**
(Date TBA)





YOGA & MEDITATION

A Path to Healing Mind and Body

Definition and Origin

Yoga, derived from the Sanskrit word 'Yuj,' means to unite or join, symbolizing the union of body, mind, and spirit. Meditation, often intertwined with yoga, is the practice of focused attention and awareness to achieve mental clarity and emotional calmness. Originating in ancient India over 5,000 years ago, these practices were developed as a holistic approach to health and well-being, encompassing physical postures (asanas), breath control (pranayama), and meditation techniques.

Healing the Mind and Body

Yoga and meditation offer profound benefits for both the mind and body. Physically, yoga enhances flexibility, strength, and balance through various poses. It stimulates the circulatory system, improves respiratory efficiency, and promotes detoxification. Regular practice can alleviate chronic pain, reduce blood pressure, and enhance overall physical fitness.

Meditation, on the other hand, calms the nervous system and reduces stress by encouraging a state of relaxation and mindfulness. It has been shown to lower cortisol levels, thereby decreasing anxiety and depression. Both practices enhance mental clarity, emotional stability, and concentration, fostering a sense of inner peace and well-being.

Importance in Today's Generation

In today's fast-paced, technology-driven world, the importance of yoga and meditation cannot be overstated. The constant barrage of information and the pressures of modern life contribute to rising levels of stress, anxiety, and mental health issues. Yoga and meditation provide essential tools to counteract these challenges, offering a sanctuary from the chaos. They promote

mindfulness and present-moment awareness, helping individuals manage stress, enhance productivity, and maintain emotional balance.

Spirituality and Yoga

Spirituality is deeply embedded in the practice of yoga and meditation. Yoga is not just a physical exercise but a spiritual journey that fosters self-awareness and inner growth. It encourages practitioners to connect with their higher selves and the universe. Meditation serves as a bridge to this spiritual connection, allowing individuals to explore their inner consciousness and find a deeper sense of purpose and meaning in life.

In conclusion, yoga and meditation, with their roots in ancient wisdom, offer timeless benefits for the modern world. They heal and strengthen the mind and body, providing a holistic approach to health and well-being. By integrating these practices into daily life, individuals can achieve a balanced, harmonious existence, enhancing both physical health and spiritual growth. In a world where stress and distractions are omnipresent, yoga and meditation stand as beacons of tranquility and self-discovery.



Article by
Snigdha Saikia

AUSTRALIA PR VISA



**For PR VISA Contact
+91 9769255904**

HOW TO GET
**CANADA PR
FROM INDIA**



Being the Men's Mental Health Awareness Week, this is the right time to talk about Men's Mental Health.

Article by - **Milind Kher**

Men are supposed to be strong and silent. While that appears to heroic, it is actually quite damaging internally. The number of men that commit suicide is four times that of women. Those that are victims of lifestyle ailments is also far more in men than it is in women.

So, what drives this? Societal pressure. Men cannot look weak. Men cannot share. Men cannot cry.

With all this, what is going on within? Cortisol is raising the blood sugar, adrenaline is making the blood pressure go wild, and when none of this finds an outlet, cardio vascular disease, ulcers and diabetes are getting precipitated.



Not only is the impact at a physiological level, there are emotional repercussions as well. A man who faces these pressures may be triggered to clash with his spouse and possibly other members in the family too.

So how do we deal with this? The very first thing is the understanding that men too are subject to the same kind of emotions that women are. Therefore, they too need an avenue and an opportunity to express themselves freely. When that happens, they will feel much better.

For this to be enabled, we need a paradigm shift in the way that society looks at genders. Gender equity itself implies that if other genders have the right to express themselves, men also do. This will not only have a positive impact on the mental health of men, relationships among the different genders will improve. So, who needs to drive this? Everybody. A concerted effort by all will ensure that the goal is finally reached. Three things are a must:

- Awareness
- Action
- Follow up

We are currently at a stage where the prime need is for awareness. Let us first create that because that itself will need a lot of doing. We will need to have articles, posts and webinars. Once awareness is raised to the desired level, we can proceed with the future steps as required.

Neuroscience



Ups and Downs are part of life. We all live in an uncertain world. Some people have physical challenges, some have mental health challenges, while some may have financial challenges.

“Problems are opportunity in disguise.” If we see positively, problems are an opportunity to learn from our mistakes. If you see what you can learn from bad moments, you will feel less burdened and more confident to move ahead. Life is like a cardiogram. In cardiograms, the line goes up and suddenly falls down. Similarly, in our lives we enjoy when something good happens but we need to be prepared for the down phase too. It is very important not to take success in mind and failure at heart, because tough times never last but tough people do. There is one interesting story about animals. Lion is the king of animals and is powerful among all animals. Because whenever a lion enters, every animal defends their lives. Even though the elephant is bigger than the lion in size, he still fears the lion. Because it is taught that lions are more powerful and strong among all. Similarly, in our lives problems are like lions and we are elephants. Life challenges are very small in front of us. If we keep an attacking attitude and not a defensive attitude in front of problems, we may win in our lives.

In the grand theatre of existence, individuals are perennially cast as navigators through the quagmire of life’s multifarious problems. These challenges, ranging from the Socratic dilemmas of ethical conundrums to the existential voids that echo the absurdism of Camus, encapsulate the essence of the human condition. Life, in its unscripted complexity, unfolds as a series of interlocking narratives, each imbued with its own set of trials and tribulations that test the mettle of

our character and the resilience of our spirit. Central to the human experience is the quest for meaning amidst the existential morass. This search, often likened to navigating a labyrinth without a Theseus’ thread, demands a Herculean fortitude and a Sisyphean persistence. The existential vacuum, a term coined by Viktor Frankl, succinctly encapsulates the profound sense of emptiness and lack of purpose that characterises the plight of modern man. It is within this vacuum that life’s problems often germinate, sprouting branches of despair and disillusionment.

However, it is precisely through wrestling with these existential quandaries that individuals sculpt their essence. The philosopher Friedrich Nietzsche famously proclaimed, “That which does not kill us, makes us stronger,” highlighting the transformative power of adversity. Life’s problems, viewed through this prism, are not mere obstacles

Here are some strategies to face life’s challenges.

1. **Accept reality**
2. **Give time to yourself**
3. **Practice gratitude**
4. **Acknowledge your feelings**



Article by
Hetvi Joshi



Brain Rhyme LLP

PRESENTS

BrainSmart

Group Training Program

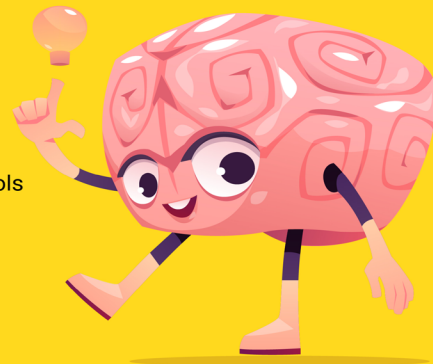
Program Details

LEVEL 1 (3 months)

- Self-assessment
- Brain in Gear- Metaphor
- Neuroscience
- Learning Style & Memory
- Tunnel Vision & Blind Spots
- Meditation & Relaxation
- Success consciousness
- Creative combustion
- Thinking Strategies
- Stages of Creativity
- Conscious Focusing
- 5 Thinking Skills

LEVEL 2 (3 months)

- 5 Stages of Problem Solving
- Innovations
- Musical Windows
- Flow and Peak Performance
- Multiple Intelligence
- Smart Visual Imprint
- 5 types of Mapping
- 5 Thinking Skills
- 6 Thinking Hats
- Mental Puzzles
- Language Learning tools
- Visual Intelligence



You Get

1. Certificate of Completion
2. Each level 2 months Training + 1 month Project Work
3. In house-Training Assignments
4. Access to : i. Study Material ii. Audio | Video iii. Activity | Case Study
iv. Paper Presentation in Magazine v. Article in Newsletter



5 Step Process

1. Sub Conscious Assessment
2. Mentoring & Coaching
3. Paper Presentation
4. Internship
5. Innovation* Research

Benefits

1. Upgrade to next level
2. Identify your strengths
3. Approach & Thinking
4. Careerpreneurship
5. Design your own Roadmap

Mode
Online | Offline

Batch
Only Weekdays
| Weekends

No of Hrs
48 Hrs each Level
(Theory + Practical)



Contact +91 87675 19752

Connect with Our Brain Rhyme Team

India +91 98334 01292
UAE +971 588212164

Sri Lanka +94 77779 0008
US +1 (973) 809-3548

HongKong +852 5441 7070
Malaysia +60 12-354 2236



Painting Emotions

Artwork serves as a profound medium for conveying human emotions, thoughts, and experiences. Art work reflects the complex interplay of conscious and unconscious processes, highlighting its significance in both creation and appreciation.

For artists, creating art allows for exploring and articulating internal states that might be difficult to express through words. This cathartic process can lead to greater self-awareness and emotional relief, acting as a therapeutic outlet. Art therapy builds on this principle, using the creative process to help individuals cope with trauma, stress, and mental illness. Art can be a way an artist introspects.

From a viewer's perspective, engaging with art evokes a wide range of emotions and thoughts, leading to personal reflection and insight. The subjective experience of art appreciation activates neural circuits associated with reward, pleasure, and empathy. Observing art can trigger "aesthetic emotion," a response that combines sensory perception with personal meaning and emotional resonance.

Art also fosters social connections and cultural understanding. Shared artistic experiences create a sense of community and belonging, bridging gaps between diverse groups. The universal nature of art allows for the exploration of themes that resonate across cultures, promoting empathy and mutual respect. The universality and cultural association of art has paved path for many historians to understand cultures of previously existing dynasties. Art can also act as a record for an artist's emotions. This way, art can also work as tool for retrospection.

Hence, art for many replaces words and for others, it acts as a path to reach them.



Article by
Niveditha Rao



Dia Makeover

(Gayatri Joshi)

Party makeup

Wedding siders Hd makeup

**Engagement, mehndi, haldi,
cocktail bride Hd makeup**

Bridal makeup

**Makeover classes
available**

Contact on 8451028370



ACHIEVEMENTS



NEWS BOX

OUR
WORLD
REC RD
HOLDERS



**Dr. Sushant
Mysorekar**

Chief Mentor & Coach
India | Singapore



BRAIN RHYME

Coaching | Championship | Innovation | World Records

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



SANJAY ARUNKUMAR

A Prodigy Beyond Measure

Sanjay Arunkumar's Extraordinary Journey to Innovation and Record-Breaking Success

At the tender age of 9, Sanjay Arunkumar has not only shattered records but also delved into the realm of innovation, as evidenced by his groundbreaking patent in quantum computing. From mental math feats to cube-solving marvels, linguistic brilliance to sporting excellence, Sanjay's journey is a testament to the limitless potential of the human mind. Let's embark on a remarkable odyssey through the life and achievements of this young prodigy.

World Records Galore:

Sanjay's repertoire of world records is as diverse as it is impressive. From lightning-fast flag recognition to reciting the periodic table with astonishing speed, his memory feats have earned him accolades from around the globe. His cube-solving prowess, coupled with his mental math mastery, further cements his status as a record-breaking sensation.

Cube Solving Marvel and Quantum Computing Patent:

Sanjay's prowess in cube solving extends beyond mere entertainment; it's a showcase of his ingenuity. His ability to unravel national flags using assorted cubes and solve Rubik's cubes blindfolded has captivated audiences worldwide. Moreover, his groundbreaking patent in quantum computing signifies his foray into the realm of innovation, promising revolutionary advancements in technology.

Mental Math Maestro and Linguistic Brilliance:

In the domain of mental math, Sanjay's abilities shine brightly, solving complex calculations with remarkable ease and speed. His linguistic finesse is equally impressive, effortlessly navigating through multiple languages and scripts. His fluency in Tamil, proficiency in French, and mastery of various linguistic challenges underscore his exceptional talents.

Awards and Recognition:

Sanjay's extraordinary talents have not gone unnoticed, earning him a plethora of awards and accolades. From the Legacy Award for innovation in quantum computing to certifications from esteemed organizations like the American Merit Council, his achievements speak volumes about his unparalleled brilliance. Sanjay's journey is marked by a trail of honors, affirming his status as a global icon.

Conclusion:

As Sanjay Arunkumar continues to push the boundaries of human achievement, his journey serves as an inspiration to aspiring minds worldwide. From breaking records to pioneering innovation, his trajectory epitomizes the spirit of exploration and excellence. As he ventures into uncharted territories, Sanjay's legacy is poised to leave an indelible mark on the world stage, shaping the future of technology and human potential.

***For more updates on Sanjay's incredible journey, visit his Facebook page:
(<https://www.facebook.com/me/>)***

To More World Record Holder visit us www.brainrhyme.com

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com

MANEET SINGH WADHWA

A Prodigy of Talent and Achievements

At just 7 years old, Maneeet Singh Wadhwa has already etched his name into history with an array of remarkable achievements. Hailing from a supportive and nurturing family, with his mother Purti Wadhwa at the helm, Maneeet's journey is a testament to his extraordinary talent and unwavering dedication.

Early Beginnings and Family Support

Maneeet's mother, Purti Wadhwa, has been a cornerstone of his success, providing the encouragement and resources necessary for his early development. Recognizing Maneeet's potential from a young age, she ensured he had the platform to showcase his talents and reach his fullest potential.

A Staggering List of Achievements

Despite his young age, Maneet boasts an impressive list of accolades:

1. **National and International Recognition:** This prestigious recognition marked the beginning of Maneet's journey into the world of remarkable achievements.
2. **Media Recognition:** This accolade recognizes Maneet's contributions and talents as appreciated by media platforms.
3. **National Pride Awards:** Celebrating his national pride, these awards are significant milestones in his career.
4. **Young Legend Honors:** This honour further solidifies his status as a young legend in the making.
5. **Many National Cultural Awards:** His diverse talents have earned him numerous national awards, showcasing his versatility.
6. **Legacy in Singing:** This award celebrates his exceptional singing talent, adding to his versatile skill set.

Beyond Awards: A Legacy in the Making

Maneet's journey is not just about accumulating awards; it's about creating a legacy that inspires others. His achievements reflect a blend of hard work, innate talent, and the unwavering support of his family. His recognition in prestigious circles and national awards highlights a career that is both inspiring and promising.

Inspiring Future Generations

Maneet Singh Wadhwa's story is an inspiration to children and adults alike. It underscores the importance of nurturing talent from a young age and the incredible heights that can be reached with dedication and support. Maneet's achievements serve as a beacon of hope and possibility, reminding us that age is no barrier to greatness.

As Maneet continues to grow and achieve, the world eagerly watches, ready to witness the next chapter in the life of this remarkable young prodigy. His journey is a shining example of what can be achieved with passion, hard work, and unwavering support.

To More World Record Holder visit us www.brainrhyme.com

World **RECORD** HOLDER



Visit Us

www.brainworldrecords.com



B. ASHLEY RHIANNA

A Young Prodigy from Nagercoil

At just six and a half years old, B. Ashley Rhianna from Nagercoil is already a shining star, recognized for her exceptional talents across multiple domains. This young prodigy has made a significant mark in drawing, acting, singing, writing, reciting poems, delivering speeches, narrating stories, and participating in fancy dress competitions. Her versatility and passion have earned her accolades in inter-school and online competitions, solidifying her reputation as a multi-talented child.

A Stellar Achiever

Ashley's impressive portfolio of achievements includes:

- 1. Four World Records:** Ashley has received recognition from various prestigious book of records for her outstanding talents.
- 2. Guinness World Records:** She holds a Guinness World Record for writing an article in Asia's biggest book record, a testament to her exceptional writing skills.

Multifaceted Talents

Ashley's array of talents spans a wide spectrum:

Drawing : Her artistic skills have won her accolades, showcasing her creativity and eye for detail.

Acting: Ashley's performances have been recognized in numerous competitions, highlighting her ability to captivate audiences with her expressive acting.

Singing: With a melodious voice, she has enchanted many, proving her prowess in music.

Writing: Her ability to write compelling articles and stories has earned her a place in the record books, underscoring her talent as a young author.

Reciting Poems and Delivering Speeches: Ashley's eloquence and confidence in reciting poems and delivering speeches have set her apart in various competitions.

Narrating Stories: Her storytelling skills have mesmerised audiences, showcasing her talent in engaging and entertaining others.

Fancy Dress Competitions: Ashley's creativity and flair for costumes have earned her accolades in fancy dress competitions.

Social Awareness and Activities: Beyond her remarkable talents, Ashley is deeply interested in social awareness programs. She actively participates in activities based on varied themes, demonstrating her commitment to making a positive impact on society. Her involvement in these programs highlights her compassion and desire to contribute to the community.

An Inspiration to Many: Ashley's journey is a source of inspiration for children and adults alike. Her ability to balance multiple talents while maintaining a focus on social awareness is truly commendable. She exemplifies the potential of young minds to achieve greatness and make meaningful contributions to society.

Future Aspirations: As Ashley continues to hone her skills and explore new avenues, she remains dedicated to cultivating her talents and making a difference. Her determination to seize every opportunity to shine and bring about positive change sets her apart as a role model for her peers.

B. Ashley Rhianna's story is a testament to the incredible potential of young talents. Her achievements serve as a reminder that with passion, dedication, and support, even the youngest among us can make a significant impact on the world. As she continues to grow and excel, the future holds endless possibilities for this young prodigy from Nagercoil.

To More World Record Holder visit us www.brainrhyme.com

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



VIGNESH ARUNKUMAR

A Remarkable Prodigy at Eight

Vignesh Arunkumar, born on June 2, 2016, in Bangalore, is an extraordinary child whose achievements at such a tender age have left many in awe. The son of Arunkumar and Lavanya, Vignesh's prodigious abilities became evident early on. By the age of three, he could recite 60 Sanskrit slokas, showcasing his exceptional memory and grasping power.

Vignesh's talents have earned him numerous accolades and records across various esteemed platforms:

1. National Recognition for Identifying Automobile Brands:

- Identified 385 automobile brands in record time.
- Solved the maximum number of maze puzzles in the shortest time.

2. International Recognition for Flags and Recitations:

- Identified all the flags of countries worldwide in record time.
- Recited the Nama Ramayana.

3. Mathematical and General Knowledge Achievements:

- Completed 100 two-digit (3 rows) direct addition and subtraction sums using the Abacus mind math technique in just 2 minutes and 50 seconds.
- Answered 75 direct problems (4 rows) while simultaneously coloring.
- Set records for solving the maximum number of multiplication problems (2-digit by 1-digit format).
- Named all countries and their capitals within 5 minutes.

4. Dinosaur Species Recitation:

- Recited dinosaur species names in alphabetical order.

5. Solving Complex Problems:

- Solved the maximum number of two-digit problems with four addends.

6. Geographical Knowledge:

- Named all Indian states and union territories along with their capitals in just 57 seconds.

In addition to these feats, Vignesh has excelled in talent hunts and international exams:

Talent Hunts and Awards

01. Won talent hunts in 2021 (Sanskrit slokas) and 2023 (mental math and cube solving).
02. Awarded Talent Icon of the Year 2021.
03. Twice won the Grand Master title in Abacus (Level 1 and Level 2).
04. Named Global Star 2023 in an international cultural festival in Thailand.
05. Bharath Vibhushan Award for outstanding achievements.
06. "Young Math Genius" title for his exceptional skills in mathematics.
07. Named Young Achiever in "Rising Youth Superstars of India Book 2022 Vol-2".
08. Bharath Ki Shaan 2023 awardee.
09. Recognized as Global Star of the Year 2023 and as Young Math Genius.
10. Honoured for his achievements in mental math, memory, sloka recitation, and multiple records.
11. Awarded the "Young Math Magician Award" for his exceptional abilities in mathematics.

Beyond academics and mental prowess, Vignesh engages in various extracurricular activities such as cricket, skating, swimming, and playing the keyboard. His diverse talents have earned him 30 additional awards in activities like singing, rhymes recitation, reading, solving cubes, sloka recitation, and chess.

Vignesh Arunkumar's journey is a testament to his incredible talent, dedication, and the support of his parents, Arunkumar and Lavanya. As he continues to grow and achieve, Vignesh serves as an inspiration to young minds everywhere.

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



SUDHARSAN

A Prodigy of Incredible
Memory and Knowledge

At a young age, Sudharsan has emerged as a prodigious talent, demonstrating exceptional memory and knowledge across a wide range of subjects. His impressive abilities have earned him numerous accolades and recognition from prestigious organisations and public figures.

ACHIEVEMENTS AND AWARDS

Firsts and Nicknames Recognition

Sudharsan's remarkable ability to identify various "Firsts" in India, prominent women, abbreviations, cities and their nicknames, and verses from Thirukural has been recognized by multiple record books. His achievements have been appreciated by:

- India Book of Records
- Super Talented Kid by International Book of Records
- Jackhi Book of World Records
- Rabba Book of Records

Recognition for Identifying Indian Personalities

He was acknowledged by the International Book of Records and Universal World Records for his talent in identifying Indian personalities and their nicknames, showcasing his deep knowledge of notable figures in India.

Global Recognition for Identifying Personalities

Sudharsan's ability to identify 250 personalities from around the world in just 4 minutes is a testament to his extraordinary memory. This feat has been recognized by:

- Worldwide Book of Records
- Global World Records
- Grand Asian Book of World Records
- Great Indian Book of Records

Chief Minister's Appreciation

Sudharsan's achievements have been celebrated by the Chief Minister of Tamil Nadu, Mr. M.K. Stalin, who awarded him the சாதனையாளர் விருது (Achiever Award), a significant recognition of his talents at the state level.

National and International Titles

Sudharsan has received several prestigious titles and awards, including:

- Bal Kala Sanskriti Samman
- Bharat Vibhushan title
- Hero of the Nation title
- Bharat Ki Shaan Award
- Rise Up India Award
- Certificate from the American Merit Council
- Legacy Awards under the memory category

Published Works

His exceptional abilities have led to his articles being published in 13 portals, including prominent platforms such as Wikialpha and Startupgenius, further establishing his reputation as a young scholar and prodigy.

Media Recognition

In 2023, Sudharsan was named the Youngest Global Artist of the Year by MTV News Media Private Limited. He was also honoured with the Incredible Memory Power Kid award by Fame India Awards, highlighting his exceptional memory skills.

Inspirational Journey

Sudharsan's journey is a source of inspiration for many. His ability to excel in diverse fields at such a young age demonstrates the power of dedication, passion, and talent. As he continues to develop his skills and achieve new milestones, Sudharsan stands as a role model for his peers and a beacon of what can be achieved with hard work and perseverance. Sudharsan's remarkable story is a reminder of the extraordinary potential that lies within each child. His achievements, recognized by numerous prestigious organizations and public figures, underscore the limitless possibilities that can be unlocked through dedication and support. With a future full of promise, Sudharsan is truly a prodigy of incredible memory and knowledge.

To More World Record Holder visit us www.brainrhyme.com

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



VIKHYAT

Celebrating the Multifaceted Achievements of Vikhyat: A Prodigy in the Making

Vikhyat, a 7-year-old wonder child studying at Castle Hill Public School in Australia, has carved out a remarkable path filled with extraordinary achievements. Born in India in 2016, Vikhyat has become a beacon of excellence, showcasing his multifaceted talents across various domains such as mental math, Rubik's cube solving, drawing, and modeling. His journey is a testament to his boundless energy, keen observational skills, and innovative spirit.

Early Talents and Academic Brilliance

From a very young age, Vikhyat demonstrated a remarkable aptitude for mathematics, art, and problem-solving. His parents, proud and supportive, recount how he began solving complex math problems and three-digit additions by the age of three. His early fascination with mental math quickly translated into a prowess that saw him excelling in academic pursuits as well. Vikhyat's linguistic abilities are also noteworthy, with a strong command of French complementing his academic repertoire.

Record-Breaking Feats and Honors

Vikhyat's talents were formally recognized when he started breaking records at an early age. By the time he was seven, he had already made a significant mark by winning numerous national and international awards. His exceptional skill in solving Rubik's cubes earned him a Guinness World Record, and his

pro prowess in mental math saw him clinching over 12 world records. His ability to solve square roots and cube roots at such a young age earned him an honorary doctorate, a testament to his exceptional intellect and dedication.

Sports and Extracurricular Excellence

In addition to his academic and intellectual pursuits, Vikhyat has shown an impressive talent in sports, particularly soccer. He received the All-Rounder Award from the Little Kickers Academy in Australia and was recognized as the best soccer player for his age group, playing for an Australian football club under 8. His achievements in sports are matched by his creative talents in drawing and modeling, where he has also garnered national and international accolades.

A Versatile Prodigy

Vikhyat's versatility is highlighted by the variety of records he holds. His accomplishments include:

- 2 records in drawing
- 5 records in mental math
- 3 records in Rubik's cube solving
- 2 records as a versatile kid

His achievements are not just limited to breaking records but also include excelling in national Olympiads, where he has won several national awards.

A Bright Future Ahead

Vikhyat's aspirations are as high-flying as his achievements. With a dream of becoming a pilot, he continues to push the boundaries of his potential. His parent Deepika express immense pride and happiness in his accomplishments, encouraging him to continue striving for excellence.

They believe that his current achievements lay a strong foundation for his future endeavors. Vikhyat's journey is a shining example of what can be achieved with talent, hard work, and the right support system. His story is an inspiration to many, demonstrating that age is no barrier to accomplishing great feats. As Vikhyat continues to grow and pursue his dreams, there is no doubt that he will achieve even greater heights, paving the way for a future filled with remarkable accomplishments.

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



MYSHA MISHRA

A Multifaceted Genius at Eight

At the tender age of eight, Mysha Mishra from Bangalore has already distinguished herself as a prodigy of remarkable talents. With an impressive portfolio of achievements, she stands as a testament to the boundless potential of young minds.

Early Talent and Recognition

Mysha's journey began at the age of four, when she won third prize in a dance competition, an accomplishment that was featured in a Delhi newspaper. This early recognition marked the beginning of a series of achievements across various fields.

Diverse Achievements

Mysha's talents span a wide range of disciplines:

Mental Maths and Rubik's Cube

Renowned for her quick mental maths abilities, Mysha set a record by solving a Rubik's Cube while performing mental calculations in an astounding time of 2 minutes and 3 seconds. This remarkable feat earned her recognition in both the International Book of World Records and the National Book of World Records. At the age of six, she also received a certificate from the Guinness Book of World Records for her Rubik's Cube solving skills.

Competitions and Olympiads

Mysha has excelled in numerous national and international Olympiads, securing prizes in Mathematics, Science, General Knowledge, and English. Her academic prowess has been acknowledged with a certificate from the American Merit of Council.

Arts and Performance

Beyond academics, Mysha has received national prizes in coloring, drawing, fancy dress, storytelling, dance, and singing, showcasing her artistic and performance talents.

Modeling

Mysha's versatility extends to modeling, with appearances in advertisements for Kissan Jam, Kwaliti Walls Ice Cream, Meesho, and ShopClues.

Awards and Honors

Mysha's exceptional abilities have earned her several prestigious awards:

- Dr. A.P.J. Abdul Kalam Excellence Award: This national award recognizes her as a multi-talented child.
- Global Star Awardee: Featured on news channels and in magazines, Mysha's achievements have garnered widespread recognition.
- Hero of Nation: Honored by the Grand Asian World of Records for her outstanding contributions.
- Times of India: Her world record achievements have been published in this leading newspaper.
- FAME Magazine: Mysha's extraordinary talents have been featured in this renowned publication.
- Social Contributions and Future Aspirations

In addition to her numerous accolades, Mysha is committed to making a positive impact through social awareness programs. She actively participates in various thematic activities, demonstrating her dedication to social causes.

Inspirational Journey

Mysha Mishra's story is one of inspiration and aspiration. Her ability to excel across diverse fields at such a young age is a powerful reminder of what can be achieved with passion, dedication, and support. As she continues to develop her talents and explore new avenues, the future looks incredibly bright for this young prodigy.

Mysha's journey is a shining example of the extraordinary potential that lies within each child. Her relentless pursuit of excellence and her commitment to making a difference set her apart as a role model for her peers. With a future full of promise, Mysha Mishra is truly a multifaceted genius in the making.

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



DEEPTHA
RAO

Little Star Shines Bright

At just two years old, Deeptha Rao has already made a name for herself in various cultural and artistic competitions. Her parents, Tejaswini H and Deepak Rao, proudly support her as she explores her interests in rhymes and dancing, and they are amazed at how she started speaking clear Kannada sentences, including small rhymes, by the age of 1.5 years.

Major Wins and Achievements

- *Ashtami* hosted by KGR Apparels: *Winner*
- *Krishna Ashtami* with Talent Foundation: *Gold Medal Achiever*
- *Onam* at Child Art Contest: *First Prize*
- *Christmas* in Child Art Contest (Fancy Dress): *First Prize*
- *Pongal* with Harsh Twinkle: *First Prize*
- *Republic Day* hosted by Gifted Brains: *First Prize*
- *Fantastic February* at Wonder Buddies: *First Prize*
- *Mystery Fest* with Harsh Twinkle: *First Prize*
- *Teachers Day* at Wonder Buddies: *First Prize*
- *Independence Day 2023* with Wonder Kids: *1st Prize*
- *Janmashtami 2023* with Disney Stars: *Winner*
- *Navaratri Special Contest 2023* with Disney Stars: *First Prize*

- *Dussera Online Contest 2023* hosted by Disney Stars: *First Prize*
- *Diwali 2023* hosted by Disney Stars: *First Prize*

Notable Runner-Up and Other Recognitions

- *Krishna Ashtami* at Child Art Contest: *3rd Prize*
- *Krishna Ashtami* with DGS Sounds Sirsi: *Consolation Prize*
- *Childrens Day* at Hejjenada Competition: *3rd Prize*
- *Childrens Day* with Talent Foundation of India: *2nd Prize*
- *Star Kids India* event: *Second Prize*
- *Kids India (Flying Petals): **Second Prize*
- *Republic Day* with Kiddoos: *Second Prize*
- *Fantastic February 2023* with Purple Wings: *Second Prize*
- *Triumph Fest 2023* at Purple Wings: *First Prize*
- *Krishna Costume 2023* hosted by Event Troupes: *Runner Up*
- *Krishna Costume* by Educationbox: *Consolation Prize*
- *Krishna Costume* with Gifted Brains: *First Prize*
- *Janmashtami 2023* with Anupamavihaar: *Judge Special Prize*
- *Janmashtami 2023* hosted by Iskon Samskriti: *Top 108*
- *Janmashtami 2023* with Krishna Sringar: *Cute 10*
- *Diwali 2023* by Star India: *Third Place*

Participation and Encouragement

Deeptha's journey is also marked by her enthusiastic participation in numerous events, which reflect her active engagement and growing experience:

- *Krishna* events hosted by Aero Events, ISKM Dress-to-Your-Best, Krishna Costume Contest by Forever Productions, Kiddies Kingdom, and Amazing Agra.
- *Diwali* events with BFC Event and Child Art Contest.
- *Christmas* at Child Art Contest.
- *Pongal* at Child Art Contest.
- *Republic Day* with Whidkids and Disney Stars.
- *Onam 2023* with BFC Events.
- *Independence Day 2023* at CAC, Star Kids, and Disney Stars.
- *Cultural* events with Stars India and Flying Petals.
- *Krishna Costume 2023* by Isha Creation and Amazing Agra.
- *Janmashtami 2023* with Pratham Foundation, Sparkle N Shine, Positive Productions, Nidhi Creations, and Shot_in_Mangalore.
- *Children's Day* at SKPA Moodbidri, CAC, SKPA Brahmvar, and Veekshakavani.

Deeptha's diverse experiences and notable achievements at such a young age are a testament to her talent and her parents' dedication.

To More World Record Holder visit us www.brainrhyme.com

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



SHILPA GANATRA

Youth Zone Dance Academy Sets Unique World Record

On April 27, 2024, Shilpa Ganatra's Youth Zone Dance Academy achieved a spectacular world record, showcasing a breathtaking display of diverse talents. Forty-six participants, aged 4 to 15, captivated the audience with their hula hoop skills while simultaneously engaging in a variety of other activities, creating a truly unique and unforgettable event.

Brain- Book of world records felicitated Mrs. Shilpa Ganatra of her achievement.

Dr. Sushant Mysorekar (CEO of Brain Rhyme), Dr. Anita Gupta and Miss Hetvi Joshi was present to witness such talented kids performing hula hoop

The young performers dazzled not only with their hula hoop routines but also with an impressive array of additional skills. Some solved Rubik's Cubes with astonishing speed, others expertly applied makeup, balanced plates and kalash, and even crafted delicious sev puri-all while keeping their hula hoops in motion. This extraordinary combination of activities left the judges astounded and the audience on the edge of their seats, witnessing a world record unlike any other.

The event was a testament to the dedication and hard work of the children, who performed at their absolute best. Their commitment was matched by the unwavering support of their parents, whose

encouragement fueled the performers' spirits. The judges, seasoned experts, were left in awe by the multifaceted talents displayed by such young individuals.

The atmosphere was electric, with every participant contributing to the collective marvel that unfolded. This legendary day marks the beginning of an epic journey for Shilpa Ganatra's Youth Zone Dance Academy. The record set by these young talents is a shining example of what can be achieved through passion, perseverance, and creativity.

The wonders created on this momentous day are indeed one for the books. As we celebrate this first chapter, we eagerly anticipate the future achievements of these remarkable young performers. This world record stands as a high bar for future generations and a testament to the incredible potential within each child.



To More World Record Holder visit us www.brainrhyme.com

World
RECORD
HOLDER



Visit Us

www.brainworldrecords.com



ANSHIKA GOSWAMI

Redefining Youthful Achievement in Academics and Beyond

At just 8 years old, Anshika Goswami, affectionately known as Bibli, has already achieved what many can only dream of over a lifetime. Hailing from Guwahati, Assam, Anshika has become a renowned name in the fields of mental math and memory activities. Her journey is marked by an extraordinary commitment to excellence and a deep-seated love for learning.

Early Life and Education

Born on July 13, 2016, Anshika's extraordinary intellect was apparent from a very young age. She attended Holy Child School, where her talents in mental math and memory activities stood out. Even at such a young age, Anshika's dedication and determination distinguished her from her peers and paved the way for her remarkable academic journey.

A Pioneer in Academics

Anshika's achievements are both impressive and extensive. She holds many World Records in mental maths and memory activities. Her academic accolades include the Bharat Vibhushan Award Hero of the Nation Award. She is also the recipient of the Legacy Award 2024 and Abdul Kalam Award as well as Bharat ki Shaan Award.

A Versatile Talent

Beyond her academic prowess, Anshika is a versatile talent with a variety of interests and hobbies. She is an avid reader, always eager to delve into new subjects. Her favourite song, "All to Jesus," showcases her spiritual side, while her love for the colour pink and Disneyland reveals her playful and joyful personality.

Lesser-Known Facts

Despite her fame, there are numerous lesser-known facts about Anshika that make her story even more extraordinary. For instance, she completed all Phonics levels by the age of three and has won numerous national-level prizes in various competitions, highlighting her wide-ranging talents and exceptional abilities.

Future Goals

Anshika's journey is just beginning. She is currently working towards securing a place in another prestigious record book and preparing for Olympiads and other competitive exams. Additionally, she dreams of becoming a TEDx Speaker, where she hopes to share her story of perseverance and success to inspire others.

Anshika Goswami is a true prodigy whose accomplishments defy her young age. Her story is a powerful testament to the impact of passion, dedication, and hard work. She stands as a beacon of inspiration for young minds everywhere, demonstrating that with commitment and enthusiasm, even the most ambitious goals are achievable.



We love suggestions and would be happy to perform to match your Heart's Rhythm!

Subscribe Now @

