



## **CONCEPT NOTE -** **SCHOOL MEMORY CHAMPIONSHIP**

**The Mind Sport of Memory** is both a fun, valuable hobby, as well as an amateur sport. At the fun end of memory, informal competitions take place in Brain Clubs and in other Mind Sport groups taking many different forms. At a competitive level, there are specific disciplines which lay down a common competition framework that has enabled international competition to take place.

Memory is a sport in which everyone can take part. None of the top competitors would claim to be born with a great memory. All of them have learnt all the necessary techniques to develop their skills, and have practiced to a high level to get them to the top of the sport. You can do the same! Why not start today?

Competitions that comply with the International Association of Memory (IAM) rules standards can be included in the World Rankings.

The Ten Disciplines which formed the basis of the first competition are largely unchanged today and have been adopted worldwide as the basis for competitive memory competitions. There are now competitors from 70+ countries participating in the sport, all competing to become the next International Memory Champion.

### **Working Memory and Fluid Intelligence**

Fluid intelligence, as defined by researchers, is the ability to reason and to solve new problems independently of previously acquired knowledge. It is considered one of the most important factors in learning and it is closely related to professional and educational success, especially in complex and demanding environments.

The researchers found that training the working memory led to an increase in fluid intelligence. By training one's working memory a student quickly learns how to learn and remember anything."

**The Memory Championships** was created in UK 2008 to help pupils discover the mind sport of memory and to develop their mental skills to help with their studies.

The World Memory Championships has created a 'gold standard' for memory based on ten different memory disciplines. A simplified version of these was created for CORPORATEs memory competitions, backed up with a training programme to help teachers to train memory techniques.

This is achieved through an initial training session for a group of professionals and staff introducing them to the four memory sport disciplines, and a range of mnemonic techniques.

The training is supported by a handbook. Competitions will be staged in CORPORATE premise. The competitions last approximately half a day. At the end of the competition period each student will receive a ranking.

The four memory disciplines are chosen to closely correspond to those in the World Memory Championships whilst being easily transferable to CORPORATES.

### **The four events at the SCHOOL level:**

- Random Numbers (5 minutes memorisation, 15 minutes recall)
- Random Words – simple nouns (5 minutes memorisation, 15 minutes recall)
- Fictional Events – Historic / Future dates (5 minutes memorisation, 15 minutes recall)
- Binary Numbers (5 minutes memorization , 15 minutes recall)

Students who have successfully completed the training and participated in the school competition qualify to participate in the Inter schools Memory Championship where students from different Schools will compete with each other .

We look forward for student's active participation to test their memory skills and compete with global world. For more information and registration pls send us a mail to [smc@brainrhyme.com](mailto:smc@brainrhyme.com) or call us on 9920030184 / 9833401292.